## CALVARY CARBROOK SPORTS PROGRAM OVERVIEW



Overview and Rationale

At Calvary we aim to create an environment that unleashes the potential of each child through exceptional learning and a holistic approach to their personal development. Through participation in Sport and Physical Education we aim to develop and equip our students in a range of areas including general fitness, skills and knowledge for lifelong health and wellbeing, skills to participate in a variety of sports and activities, avenues to pursue representative sport, leadership and teamwork.

In 2022 we are implementing a new sport initiative to develop the sporting skills of all students. Our program will better align our Stage based learning approach and provide a stronger development in focus sports.

- Students in Prep and Stage 1 will participate in one hour of PE and one hour of Fundamental Movement Skills rotations and activities each week.
- Students in Stage 2 will participate in one hour of PE and one hour of School based sport each week.
- Students in Stage 3 will participate in one hour of PE, Gala Day Interschool Sport against schools in the Beenleigh Zone and School based sports options.

Prepard Stage 1

The focus in Prep and Stage 1 is developing student Fundamental Movement Skills to provide the foundation for competent and confident participation in a range of physical activities. The skills developed include:

- locomotor and non-locomotor skills (e.g. rolling, balancing, sliding, jogging, running, leaping, jumping, hopping, dodging, galloping, skipping, floating, moving the body through water to safety)
- object control skills (e.g. bouncing, throwing, catching, kicking, striking)<sup>i</sup>

Stage 2

The focus of Stage 2 Sport is to develop greater proficiency across the range of fundamental movement skills in game situations. In addition, students will be given the opportunity to develop personal and social skills such as leadership, communication, collaboration, problem-solving, persistence and decision-making. Students will participate in a variety of sports over the course of 2021 and be involved in House based competitions. We aim to equip students with foundational skills and understanding in each sport and facilitate a smooth and competitive transition to Inter School Sport in Stage 3.

Stage 3

The focus of Stage 3 sport is the further development of sport specific skills through the Beenleigh Zone Gala Day Inter School Sport competition. Students train for their chosen sport on Friday afternoons in the lead up

to compete in two 5-week blocks of Interschool Sport Competitions on Fridays from 10.00am to 2.00pm. Sports offered for 2022 are:

	Semester 1	Semester 1		Semester 2	
Girls	Netball	Touch Football	Basketl	ball	Softball
	Soccer	AFL	Diamo	Diamond Cricket	
Boys	Soccer	Rugby League	Touch	Football	Basketball
	AFL		Diamo	nd Cricket	

Representative Sport

## **Queensland Sport**

At Calvary students have the opportunity to explore different Queensland Sport pathways in a broad range of representative sport opportunities. Students turning 10, 11 and 12 have the opportunity to trial for individual or team-based sports. The pathway is:

Beenleigh Zone Representation Representation South Coast Representation Queensland Representation

District Trials

Boys				
AFL	Rugby Union			
Basketball	Softball			
Cricket	Soccer			
Golf	Tennis			
Hockey	Touch Football			
Rugby League	Aquathlon			

Girls				
AFL	Rugby League			
Basketball	Softball			
Cricket	Soccer			
Golf	Tennis			
Hockey	Touch Football			
Netball	Aquathlon			

## **Queensland City Futsal**

Calvary Christian College competes at the Australian Futsal Association School Titles. From these titles students can be selected for the Queensland City squad that plays in the National School Titles.

Sports Clubs

At Calvary we provide a range of extra-curricular activities and clubs including sport clubs. The Sports Clubs for 2022 are:

-Running Club	-Futsal Club	-Volleyball Club
-Netball Club	-Auskick	-Soccer Club

Some of our sporting clubs are paying clubs and require parents to pay a fee for participation.

If you have any questions regarding Sport at the Carbrook campus, please email Mr Raul Ocana-Villegas <u>raul.ocana-villegas@calvarycc.qld.edu.au</u>.

Yours in Sport, Raul Ocana-Villegas Junior School Sport Coordinator Carbrook Campus