



8 September 2025

Dear Parents

**Prep -Stage1 Swimming Lessons 2025**

The Prep-Stage 1 swimming program will commence in Term Four with each year level participating in a program of daily lessons, over a week of consecutive school days. The lessons will focus on stroke development as well as how to be safe in and around water.

Round 1 - Time	Tuesday 7 <sup>th</sup> October – Friday 10 <sup>th</sup> October (Week 1)
11:30	1/2F
12:45	1/2G
Round 2 - Time	Monday 13 <sup>th</sup> - Friday 17 <sup>th</sup> October (Week 2)
11:30	Prep C
12:30	Prep D
1:30	1/2E

The Swimming Program will be held at the Swimtastic Swim School, 3958 Pacific Hwy, Loganholme. This pool is suited to the needs of beginner swimmers and is indoors, enabling lessons to continue regardless of weather conditions. Children will be assessed for swimming ability and placed into groups, where they are taught according to their level of ability and confidence.

Students will wear their PE Sport Uniform to school each day that they have swimming lessons. Students will change into their swimmers at school and travel to and from the pool by College bus with their classroom teacher. On return, students will change back into their PE sport uniform for the remainder of the day.

Children need to bring:

- Swimmers (Girls one piece - boys and girls are permitted to wear shorts but keep in mind the longer and baggier the shorts the more difficult it is to swim)
- Thongs or crocks (Footwear is compulsory for travel to and from the pool)
- Towel
- Goggles
- House Cap (Compulsory – available for purchase from College Reception for \$6.50)
- Swimming bag for wet gear

**Please clearly name all items in waterproof pen. Ensure all uniform items, even underwear, are named.**

Please provide permission for your child by to participate by **Friday 19 September 2025** via Consent2Go. All students are expected to take part in this important part of the P.E. Curriculum. Please talk with your child's classroom teacher if you have any concerns. If your child is hesitant, it is essential, for their benefit, that they are encouraged to participate. Students will be monitored and cared for by both Calvary Staff and professional swimming trainers throughout the entire process.

Yours in sport,

**Tim McInnes**

PE Teacher & Sports Coordinator