

CALVARY SPRINGWOOD SPORTS PROGRAM OVERVIEW



Overview and Rationale

At Calvary we aim to create an environment that unleashes the potential of each child through exceptional learning and a holistic approach to their personal development. Through participation in Sport and Physical Education we aim to develop and equip our students in a range of areas including general fitness, skills and knowledge for lifelong health and wellbeing, skills to participate in a variety of sports and activities, avenues to pursue representative sport, leadership and teamwork.

In 2022 we are implementing a new sport initiative to develop the sporting skills of all students. Our program will better align our Stage based learning approach and provide a stronger development in focus sports.

- Students in Prep and Stage 1 will participate in one hour of PE and one hour of Fundamental Movement Skills rotations and activities each week.
- Students in Stage 2 will participate in one hour of PE and one hour of School based sport each week.
- Students in Stage 3 will participate on one hour of PE and weekly Interschool Sport against schools in the Logan District.

Prep and Stage 1

The focus in Prep and Stage 1 is developing student Fundamental Movement Skills to provide the foundation for competent and confident participation in a range of physical activities. The skills developed include:

- locomotor and non-locomotor skills (e.g. rolling, balancing, sliding, jogging, running, leaping, jumping, hopping, dodging, galloping, skipping, floating, moving the body through water to safety)
- object control skills (e.g. bouncing, throwing, catching, kicking, striking)ⁱ

Stage 2

The focus of Stage 2 Sport is to develop greater proficiency across the range of fundamental movement skills in game situations. In addition, students will be given the opportunity to develop personal and social skills such as leadership, communication, collaboration, problem-solving, persistence and decision-making. Students will participate in four focus sports over the course of 2022. The selected sports are popular with students and played in Logan District Inter School Sport competition. We aim to equip students with foundational skills and understanding in each sport and facilitate a smooth and competitive transition to Inter School Sport in Stage 3.

A core value of this program is skills development through maximum participation. Each term students will undertake skills sessions to introduce the basic concepts of the focus sport. Introductory sessions will apply a Playing for Life approach, using modified games to introduce the key concepts and skills for the sport. This will be followed by a round robin competition over 5-6 weeks.

Stage 2 Sport Overview

	Term 1	Term 2	Term 3	Term 4
Girls	Basketball	Soccer	Netball	Touch Football
Boys	Soccer	Basketball	Touch Football	Netball

Stage 3

The focus of Stage 3 sport is the further development of sport specific skills through the Logan District weekly Inter School Sport competition. Students train for their chosen sport during a break time once per week and compete on Friday afternoons. Sports offered for 2022 are outlined in the table below.

	Semester 1	Semester 2
Girls	<ul style="list-style-type: none">• Basketball• Volleyball (Mixed)	<ul style="list-style-type: none">• Touch Rugby League• Netball
Boys	<ul style="list-style-type: none">• Soccer• Volleyball (Mixed)	<ul style="list-style-type: none">• Touch Rugby League• Basketball

Representative Sport

As in previous years we also offer a broader range of representative sport opportunities through our sports clubs, carnivals and district trials. Carnivals offer the opportunity for students to qualify for Logan District, Metropolitan East Region and State Representative Carnivals.

District Carnivals and Trials are generally for students who turn 10, 11 or 12 during the calendar year.

Carnivals

Swimming
Cross Country
Athletics

District Trials

Boys	
AFL	Rugby Union
Basketball	Softball
Cricket	Soccer
Golf	Tennis
Hockey	Touch Football
Rugby League	Aquathlon

Girls	
AFL	Rugby League
Basketball	Softball
Cricket	Soccer
Golf	Tennis
Hockey	Touch Football
Netball	Aquathlon

Sports Clubs

At Calvary we provide a range of extra-curricular activities and clubs including sport clubs. The Sports Clubs for 2022 are:

- Running Club – Years 1-6. Held every Tuesday morning before school.
- Futsal Club – Years 3-6. Training is held weekly throughout the year and players compete in Calvary teams at various tournaments.
- Basketball Club – Years 3-6. A skills clinic facilitated by Logan Thunder for six weeks in Term 1.

Some of our sporting clubs are paying clubs and require parents to pay a small fee for participation.

If you have any questions regarding Sport at the Springwood campus, please email Ms Clara Needs clara.needs@calvarycc.qld.edu.au.

Yours in Sport,

Clara Needs

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